

Sensory Stars

A parent/child Sensory Play group for children 2 to 3 years old

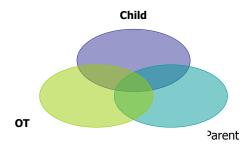
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Sensory Systems Clinic West, PLC 145 S. Main St. #4 Wayland, MI 49348



Sensory Stars is a small sensory motor group that will use movement and fine motor activities to improve the following:

- Sensory processing
- Self confidence
- Parent-child interaction
- Body awareness
- Motor planning
- Fine motor skills
- Visual motor skills
- Eye-hand coordination
- Verbal skills
- Upper body strength



Tuesdays: 10-10:45, October 3rd – December 12th

- *Call **269-792-2353** to register
- *4 week session is \$80, payment due by the Friday before group
- *Parents remain for session
- * Groups are limited to FOUR children! At least 2 children registered before a class can start

Children use their senses to learn

Each child learns differently. What they feel, hear, see, touch and smell affect *how* they learn and *how much* they learn. Movement and body position are <u>also</u> big parts of learning.

What's so great about movement?

Movement is the foundation from which all other skills develop. It is through movement that a child develops trunk stability, body awareness, bilateral integration, balance and mastery of the environment.

Once these foundation skills are developed then a child can improve his/her eye-hand coordination, ocular-motor control, motor planning, hand development, visual-perceptual and fine motor skills.

With these skills in place, attention, language, daily living activities and academic learning can take place.

Movement stimulates the vestibular system and auditory nerves, which in turn stimulates speech. While participating in movement activities children tend to use more language.